Packing List (from bottom of ruck to top)

- Sleep System
  - Patrol (lightweight) Bag
  - Gore-Tex Bivy Cover
  - Small inflatable sleep mat
- Spare Ammo (if applicable)
- Mortar Rounds (if applicable)
- Entrenching Tool (fasten to outside)
- Waterproof bag (opened to contain remaining items)
- Spare batteries for NVGs, radio, flashlight, thermals
- Ibuprofen (top taped)
- OCP blouse and Trousers (1 each)
- Shaving Kit
  - Razors
  - Shave cream (top taped)
  - Deodorant
  - Thick Lotion for hands (top taped)
  - Insect repellant (top taped)
  - Sunscreen (top taped)
- MREs (3 each)
- Spare Boot Laces
- Personal Kit (add as needed)
  - Tobacco
  - Cell Phone
  - Battery Pack
  - Snacks
  - Bible
  - Playing Cards
- Underwear (3 each)
- Brown T-shirts (3 each)
- Baby Wipes
- 100 mile an hour tape (5 meters)
- Poncho
- Wet weather top and bottom
- 550 Cord (30 meters)
- Weapon Cleaning Kit
- Spare Eyepro
- Socks (5 each)
- Foot powder
- Blister First Aid Kit
- Camelback w/ water