# The Sabalauski Air Assault School Packing List

## Day Zero

### Worn Items
- ACU cap with ACU-pattern rank and name tape (no cat eyes)
- ACU top with all ACU-pattern rank, patches, and name / US Army tape
- ACU trousers (no spandex worn underneath)
- Tan 499 T-shirt (no logos or name)
- Tan 499 rigger belt
- Coyote boots, military issued / authorized (serviceable, no ripple sole)
- Socks, no logos must be matching (black or green military issue)
- Underwear (optional)
- Sports bra (females)
- ID tags with long and short chain (around neck with medical alert tag)
- ID card (in left or right chest pocket)

### Carried Items
- 1 qt canteen, full w/ white masking tape (topped off-filled to the brim)
- Small notebook
- Pen or pencil (not in sleeve)
- 1 pair running shoes (no basketball or casual shoes)
- Reflective belt, yellow
- MRE, complete (not field stripped)
- Signed copy of FC Form 4137, dated June 2018
- Copy of DD Form 1610 (TDY Soldiers only)

**Additional Items (Winter Classes)**
- Socks, no logos must be matching, extra pair (black or green military issue)
- Tan 499 T-shirt, 1 extra (no logos or name)
- Field jacket / Gore-Tex jacket / Gen 3 Jacket, Extreme Cold/Wet Weather with rank, all patches and tapes (applies to all jackets, no leadership tabs will be worn)
- Gloves, black / green leather shell, military issue
- Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
- PT cap, Black fleece
- Waterproof bag, military issue (marked with shoe tag with name, sponsor phone # and unit)

## Day 1-10 (with Day Zero Packing List)

### Worn Items
- Assault pack w/ Name tape IAW unit SOP
- IBA / IOTV with name, rank, plates and Kevlar inserts (no side plates, yoke, groin protector, throat protector, or DAPS)
- ACH / Kevlar helmet (no cover)
- Waterproof bag, military issue
- Wet weather top with rank (summer) / field jacket or gore-tex/Gen 3 Jacket, Extreme Cold/Wet Weather with rank, all patches and tapes (winter)
- ACU top complete w/ Name Tape, US Army Tape, Rank, Unit Patch and Colored US Flag
- ACU trousers
- 1 Tan 499 T-shirt (no logos or name)
- 1 pair of socks no logos must be matching (black or green military issue)
- Neck gaiter, military issue, black or brown (no hood)
- Ear plugs with case, military issue

### Carried Items
- 2 chemlights, Red (No IR)
- Highlighter
- 1, 1 Gallon Ziploc bag
- 3 x 5 index card (no lines)
- Poncho
- Goggles (clear or dark lenses with retaining strap, form fitting to face)
- Air Assault Handbook (when issued)
- Advance sheets (when issued)
- 1 qt canteen carrier with canteen cup on IBA (guide hand side)
- Flashlight, right angle with red lens (with D-cell batteries only, Must Be Operational)
- Gloves, black / green leather shell, military issue
- Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
- PT cap, Black fleece

### Additional Equipment Required
- APFU pants
- APFU jacket
- APFU shorts
- APFU shirt (long sleeve and short sleeve)
- White / Black socks (above the ankle bone, no logos, no tube socks)
- Field jacket liner or heavy weight polypro top (winter)
- Beret (Graduation Day only)
- Cold weather boots (winter)
- Polypro bottoms (winter)

**Notes:**
- All Day Zero Items listed under Additional Items (Winter Classes) must go in the Waterproof bag with shoe tag attached (marked with name, sponsor phone # and unit)
- Service Members not in the U.S. Army should wear authorized uniforms by specific branch of service; duty & physical fitness uniforms.
- Winter classes are classes with Day Zero beginning between 1 October thru 31 March.
- All equipment must be serviceable.
- Fleece jackets are not authorized.

Dietary supplements are not authorized for use by any student.

Wear dates are verified on the ArmyG1 Website: [http://www.armyg1.army.mil/HR/uniform/](http://www.armyg1.army.mil/HR/uniform/)

As of 1 AUGUST 2018